



Together, we can save a life

Fact Sheet

Health and Safety Services

Health and Safety Programs

COURSE:	First Aid/CPR/AED Instructor
Course Code:	3249I
Purpose	The purpose of the First Aid/CPR/AED Program Instructor course is to train instructor candidates to teach American Red Cross First Aid/CPR/AED Program courses and modules.
Prerequisites	<ul style="list-style-type: none">• Be at least 17 years of age by the last scheduled session of the instructor course;• Possess an <i>Fundamentals of Instructor Training</i> (FIT) certificate or <i>Instructor Candidate Training</i> certificate (for training conducted through 6/30/01) issued in the last 12 months, or have a current <i>Health and Safety Services Instructor Authorization</i> (F5736 or C3005); and• Pass each section of the precourse written exam with a score of at least 80 percent and demonstrate competency in the skills evaluation.
Learning Objectives	<ul style="list-style-type: none">• Expand on information from the American Red Cross Fundamentals of Instructor Training (FIT) course to teach the First Aid/CPR/AED Program courses and modules;• Demonstrate the characteristics required of an American Red Cross representative and role model;• Plan, organize and conduct the First Aid/CPR/AED program courses and modules.• Monitor participants' practice and provide corrective feedback and encouragement;• Teach courses and modules in a manner that keeps participants engaged in the learning process;• Ensure participants' health and safety during training;• Be able to customize courses and modules to meet the specific training needs of employers and employees;• Demonstrate first aid, CPR and AED skills at an appropriate level of performance; and• Maintain complete and accurate records and reports.
Length	Approximately 17 hours (based on 6 instructor candidates per instructor trainer)
Instructor	Currently authorized First Aid/CPR/AED, First Aid:

	Responding to Emergencies, Lifeguarding or Emergency Response instructor trainer.
Certification Requirements	<ul style="list-style-type: none"> • Successfully complete the precourse session; • Attend and participate during all course sessions; • Successfully complete three practice-teaching assignments; and • Pass the final instructor written exam with a score of 80 percent or better.
Certificate Issued and Validity Period	First Aid/CPR/AED Instructor or Workplace Training: Standard First Aid Instructor - Authorization is for 2 calendar years. All authorizations expire on a December 31. Initial authorization may be less or more depending on when training is completed.
Participant Materials	<p><i>American Red Cross First Aid/CPR/AED Program Instructor's Manual</i> (Stock No. 656617); and</p> <p><i>American Red Cross First Aid/CPR/AED Program Participant's Booklet</i> (Stock No. 656629); and</p> <p><i>American Red Cross First Aid Skills Card</i> (Stock No. 656628); and</p> <p><i>American Red Cross Adult CPR/AED Skills Card</i> (Stock No. 656559); and</p> <p><i>American Red Cross Infant & Child CPR Skills Card</i> (Stock No. 656631); and</p> <p><i>American Red Cross Workplace Training: Ergonomics Booklet</i> (Stock No. 656603); and</p> <p><i>American Red Cross Workplace Training: Slips, Trips, & Falls Booklet</i> (Stock No. 656604); and</p> <p><i>American Red Cross Workplace Training: Back Injury Prevention Booklet</i> (Stock No. 656608); and</p> <p><i>American Red Cross Workplace Training: Workplace Violence Awareness Booklet</i> (Stock No. 656609); and</p> <p><i>American Red Cross Workplace Training: Managing Stress Booklet</i> (Stock No. 656612); and</p> <p><i>American Red Cross Workplace Training: Your Heart Matters Booklet</i> (Stock No. 656614)</p>